



Free Spirit Crystals

"The Gateway"

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4:00
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Mon. - Fri. 11:00 -

Saturday 10:00 -

February 2017

February 2017

Love One Another

[Love One Another](#)

[Classes](#)

[Open House](#)

[Layout of the Month](#)

[Coupon of the Month](#)



There is a very simple and yet not so easy to live by tenet that underlines every religion

and spiritual practice - Love One Another. Three words. That's it. Love One Another. But those three words seem to be the most challenging creed by which any of us can live. One another - without exception, without exclusion, without prejudice, without filter. Love One Another.

I have to admit that I am having a difficult time with this right now. I love people very much - I honor their stories, their challenges, their differences, their talents and their spirits. But I'm having difficulty because I am judging those whom I feel are not doing that, those who spew fear, divisiveness and lies about others. So how can I say that I love people when there are certain people that I can honestly say that I do not?

This is a very provocative time in which we are living. We are being asked to look at ourselves through those with whom we disagree. It is said that we cannot see things in others that we do not already recognize in ourselves. What is inside of me that makes me so uncomfortable, that angers me so profoundly, that causes me to judge? What are the similarities that rile me so that I want to point outwards instead of looking inside to where the real cause exists?

To be perfectly honest with you, I don't even want to write this. It makes me very uncomfortable to shift my consciousness from the last three months of living in anger, sadness and disbelief. But I know that if I want to be true to myself and my calling, I need to take ownership of those things I do not love about myself in order to live by those three words. Love One Another. What is inside of me that I recognize in others that makes me so uncomfortable?

As we progress through this age of Aquarius, let's all take a moment everyday to reflect on how we can love our own selves more so that we can Love One Another. We are being given a great opportunity to shift our consciousness and what a better time to do that than now?

When I no longer see the things that I now criticize in others, I will love myself and thus, others. Simple but not easy. Love One Another.

Heading

Classes



Crystal Classes - Evening

With Pat Hartman and Pam Moderski
6 week crystal healing class starting the first
Thursday in March: 3/2/16 through Thursday 4/6/19.
6:30-8:30 pm.

\$35.00 per class or discount of \$175.00 if payment in full for entire series if
received by or on the first class.

Learn the basics of using crystals and stones for healing and personal growth.
You will have an opportunity to do hands on crystal healing work with others in
the class.

Pat and Pam will cover:

The Rules of Thumb for Crystal Healing
How to Clear and Clean Crystals and Stones
The meanings and usages of over 80 stones
How to use crystal wands for healing
Identity of different crystals
And more.....

To register email pmoderski@att.net



Crystal Classes - Daytime

With Diane Bloom
4 Wednesday Afternoons beginning February 15th
1:00 - 3:00 Fee: \$35.00 per class

For those of you who cannot make a night class, Diane is offering a daytime
crystal healing class. You will learn:

The Rules of Thumb for Crystal Healing
How to Clear and Clean Crystals and Stones
The meanings and usages of over 80 stones
How to use crystal wands for healing
Identity of different crystals

This will be a continuing class so if you want to keep learning new techniques,
we can make this class last for as many weeks as you'd like.

To register, email Diane at freespiritcrystals@gmail.com.

Let's have some fun!

Crystal Healing Teacher's Class

Saturday, Feb. 25th and Sunday, Feb. 26th

10:00 - 3:00 Fee: \$200.00

This class is for people who have either taken my classes or have equivalent knowledge of crystals and want to go on to teach crystal healing. Curriculum includes:

What it Means to Teach This Work
Passion and Creativity
What do You Bring to a Class?
Setting Up a Class
Practice Teaching

Plus I will give you all the handouts that I use to teach the series of classes so that you don't have to reinvent the wheel.

If you would like to be a part of this exciting venture, please register by emailing Diane at freespiritcrystals@gmail.com.

If you registered last year, please do so again as I became ill right after I sent out the notice and can't remember everyone who signed up. Thanks for your consideration!



Spring Into Wellness Faire

Saturday, March 18 ,2017 10:00 am - 4:00 pm
Zoofari Conference Center, 10001 Bluemound Rd.
Milwaukee, WI

Free!

Free Spirit School proudly presents "Spring Into Wellness", a day of self-exploration for

your body, mind and spirit! Spring forward with us as we journey into a world of alternative health care with free workshops, booths of practitioners and health care specialists, and educational presentations.

We'll have presentations by:
Rose Koremenos
Diane Bloom
Free Spirit School Graduates

Also, we'll have yoga demonstrations, fun with breath work; movement for your chakras, hands on healing demos, therapeutic oils and the basics of working with crystals and stones. Plus, everyone that comes receives a free stone from Free Spirit Crystals. All for the low cost of - FREE!

Bring your friends, family and neighbors and spend the day basking in healing energy. After this, cabin fever will no longer be in your vocabulary!

Vendors Wanted for the Faire

For a very nominal fee of \$50.00, you receive a table with linens and 2 chairs plus electricity, if required. You may sell your products and present your business and services to our visitors who will have free admission to this faire. For more information or to register go to:
www.freespiritschool.com

Psychic Faire/Open House

Saturday, February 18th

10:00 - 4:00



I went to the Tucson gem show for the first time in 15 years and have brought back some amazing minerals! We'll be featuring them for the first time at this Open House.

Plus:

Readers
Free Workshops
Snacks
Free Stone
Raffle

Be the first to see these new stones and have a fun, informative day with your friends at Free Spirit Crystals!



Layout of the Month

Mask Layout

The mask layout is designed to lift the façade that we show to the world in order to reveal the true self. The stones are fashioned to bring forward those qualities of ourselves which want a voice, which want to be seen and recognized as parts of our whole being. The energy of this layout is formed to allow an awareness of the inner spirit which longs to be acknowledged and brought forth in order to stay awake and be an active participant in our lives.

Feet - Lingams
Root - Selenite Wand
2nd Chakra - Ruby
3rd Chakra - Malachite
4th Chakra - Hiddenite
5th Chakra - Charoite
6th Chakra - Lapis
7th Chakra - Mask Crystal Pointing Towards Head
Selenite Wand Above Mask Crystal
Hands - Rutilated Quartz



Tucson Treasures!

I just got back from the Tucson gem show and, wow, what an amazing show! I came back with 30 boxes of new gems that will be out in time for the Open House on Saturday, February 18th. I bought stones from Morocco, Madagascar, China, Brazil, England, India, Pakistan, Mexico and more. Some of the new stones I purchased include:

Chalcantite
Barite
Pyromorphite
Aqua Marine
Vandalusite
Epidote
Stromatolite
Gorgeous Citrine, Chlorite and Phantom Crystals
Herkimer Diamonds
Azurite
Scolecite

And soooooo much more!!!!!!

It will take us more than a week to get this all priced and on the shelves so bear with us as we put together a whole new store!! We guarantee that you will love it!!



Pebbles and Stones

"The more you know yourself, the less judgemental you become"

Aniekee Tochukwu Ezekiel

"Not only do self-love and love of others go hand in hand but ultimately they are indistinguishable." M. Scott Peck

"Love can only be true and free when you are fully healed from painful past and any form of brokenness." "What good is "Loving thy neighbor as thyself" if you don't Love thyself?" Donald L. Hicks Kemi Sogunle

Coupon of the Month

10% Off Stones

(excluding net and consignment items)

February 6th - 11th

Coupon must be presented at time of sale

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