

Free Spirit Crystals

"The Courage To Live Your Own Life is The Greatest Gift You Can Give The World"

Free Spirit Crystals "The Gateway"

4763 N. 124th St. www.freespiritcrystals.com Mon - Fri: 11:00 - 6:00

Butler, WI 53007 freespiritcrystals@gmail.com Saturday: 10:00 - 4:00

262-790-0748 www.freespiritschool.com

freespiritschool@gmail.com August 2018



Are You Making the Most of Your Opportunities?

When I was in my 20's I went to apply for a job for which I was very qualified but I stood in the back of the room and waited to be called on. Finally, a lovely man asked me why I was there and I said I wanted to apply for the job. He looked into my eyes (I'll never forget that look) and said, "No, you don't want to work here, otherwise you would have stepped up to the counter and asked for the job." I left realizing that he was absolutely right - I was actually afraid to work there in spite of my qualifications.

There were two times that I was offered recording contracts to sing but I was too afraid to send in demo tapes, not really believing that I was good enough to deserve a contract in spite of other people believing that I did. Those opportunities never presented themselves again and I wonder to this day what might have happened had I believed in myself, stepped up to the counter or sent in the demo tapes.

We are all given wondrous opportunities by the Universe to actual our dreams but often times we sabotage ourselves out of fear. Remember the joke about the man in the flood who had two rescue boats and a helicopter come to save him but he drowned. When he saw God, he asked why God did not save him. God answered , "I sent two boats and a helicopter!"

As we now end our summer and school is back in session, ask yourself what opportunities you may be ignoring or too fearful to step up to the counter and ask for. I have vowed to never let fear prevent me from doing anything that I truly want to do and I challenge you to do the same. Whether it's boats or helicopters or a kindly man giving you sound advice, find your voice, find your inner spirit and go for what you desire!

By the way, I'm soooo very happy I listened to the voices that guided me to Free Spirit Crystals! I finally realized that the boat and helicopter were right in front of me - all I had to do was get on board!



Sound Healing Sessions

With Kathryn Rambo

Tuesday August 14th

Open times - 10:00 and 1:15

Tuesday, August 28th

10:AM,11:AM;3:15PM and 4:15PM

Sessions are \$35 for 45-50 minute session

August:

Root Chakra and Lower Aura sound attunements: This chakra is the root of our being, the energetic source of our sense of security, safety, support as spiritual beings having a physical experience and our survival center. It is our source of courage, strength and resourcefulness during trying times. The bottom of the aura contains the residue of our life's experiences that has passed out of our consciousness and could still be affecting us in unconscious ways. This attunement focuses on clearing and harmonizing both of these centers.

**Please email Kathryn
at purpleotterstudio@yahoo.com to schedule your
individual session**

Purple Otter Studio Harmonic Attunement Cancellation Policy:

Effective Aug. 1st 2018 a full 48 hour cancellation notice is required. Please call me at 414-333-5834 to cancel your session 48 hours in advance of your appointment. This allows me to contact others who have requested to be put a cancellation list for potential opening session times.

**All no calls/no shows: full price of the session is due.
24 hour or less cancellation notice: ½ of the price of the session is due.**

Please understand and respect that there are frequently others who have requested to be put on a cancellation list for potential openings and that this is my business and livelihood.

Classes



Reiki Level 2

With Donna Redmer

Prerequisite - Reiki Level 1
Sunday September 23rd, 2018
12:00-5:00 pm Fee: \$125

Level 2 helps you develop the emotional and mental aspects of your life which will assist you in strengthening your ability to do the physical healing work.

You will be given the Reiki 2 attunement and learn the basic Reiki symbols which you will be able to use in your daily life and healing practice. You will also be taught absentee healing that you can send to others at any time.

To register, please go to www.freespiritschool.com and click the Reiki tab under classes.



Classes with Anna Jester

Metaphysical I

Six Tuesday Evenings
Beginning September 11 | 6:00pm – 8pm
Fee: \$125

Geared for beginners and those who wish to participate at a relaxed pace, we will explore metaphysical topics such as: chakras, auras, energy, spirit guides, divinity tools, ritual, invocations, meditation, intuition and dreams in an interactive environment. Asking questions and sharing insights is highly encouraged. Please bring a notebook for drawing and journaling.

Registration: email Anna at ajester50@gmail.com or phone 970-507-0440.

Fees may be paid by cash, check, or PayPal in advance or at the first class.

Class location: Free Spirit Crystals

Anna has over 30 years of experience in personal growth and is certified as a Grief Recovery Specialist and a valued staff member at Free Spirit Crystals who has a passion for crystals and serving others.

Talk About with Anna Jester

**Monday Evenings Beginning September 10 |
October 1, November 5, December 3.
6pm- 7:30pm FREE**

Bring your favorite crystal and curiosity. Once a month we will share our favorite crystals with each other, ask questions and share insights. We will end the evening with a meditation using our crystals. Beginners welcome.

Registration: email Anna at ajester50@gmail.com or phone 970-507-0440.

Class location: Free Spirit Crystals

Grief and Loss Weekend Workshops

**Weekend Beginning October 19|Friday 6:00pm-
8:30pm**

October 20/21

Saturday 9:00am - 5:00pm

Sunday 9:00am – 3:30pm

Fee: \$199

OR

Weekend Beginning November 9

Friday 6:00pm – 8:30pm

November 10 Saturday 9:00am – 5:00pm

|November 11 Sunday 9:00am -3:30pm

Fee: \$199

Choose your weekend.

Learn how to acknowledge the losses in your life, how they have affected you and how to integrate awareness with compassion and love towards yourself and others. The loss may be the death of a parent, a child, a partner or a beloved pet. Perhaps it is divorce or separation from someone or something. Perhaps it is losing a job, starting a new job, moving to a new place or dealing with health issues. Maybe faith and trust have been decimated.

If so, this workshop is for you.

We use The Grief Recovery Handbook by John James and Russel Friedman. Copies are available at Free Spirit Crystals. Please purchase the book and also pack a notebook, snacks and lunch.

Registration: email Anna at ajester50@gmail.com or phone 970-507-0440.

Fees may be paid by cash, check, or PayPal in advance.

Workshop location: Free Spirit Crystals



Beginning Crystal Healing Class With Pam Moderski and Pam Hartman



**6 weeks beginning Thursday September 20th
6:30-8:30 pm.**

**\$35.00 per class or discount of \$175.00 if
payment in full for entire series if received by
or on the first class.**

**Learn the basics of using crystals and stones for healing
and personal growth. You will have an opportunity to do
hands on crystal healing work with others in the class.**

Pat and Pam will cover:

**The Rules of Thumb for Crystal Healing
How to Clear and Clean Crystals and Stones
The meanings and usages of over 80 stones
How to use crystal wands for healing
Identity of different crystals
And more.....**

To register email pmoderski@att.net



TAROT I

**With Marene Martensen
Six Wednesday Nights Starting October
10th
6:00 pm – 8:00 pm Fee: \$150**



**Learn the meanings of all 78 cards and gain hands-on
experience doing short readings in this six-week
class. You will be encouraged to ask questions, give
feedback and share your insights in an interactive
environment. Get to know and use the Tarot for
yourself and others. Please bring a notebook and the
Tarot deck of your choice.**



Astrology 1

With Marene Martensen

Six Monday Nights Starting October 15th

6:00 pm - 8:00 pm Fee: \$125

Learn the basics of astrology: all the planets (asteroids too!) signs and houses, using your own natal chart. This is an interactive class, where questions and feedback are welcome. This is your chance to learn how all those general beginning astrology concepts apply to you personally. Please make your birth data available and a natal chart will be provided.

To Register: Call Marene 262-781-1656 Or Email
astrological7@yahoo.com

Fees may be paid by check, cash or PayPal either in advance or at the first class.

Classes will be held at Free Spirit Crystals 4763 N. 124th
St. Butler, WI 53007
262-790-0748



Free Spirit School

With Rose Koremenos and Diane Bloom
New Module Beginning in September

Rose and I will be starting a new Module 1 class on Saturday September 8th and Sunday, September 9th. After 12 years of amazing classes, we are more dedicated than ever to present the Free Spirit School curriculum. Each class is unique in its energy and level of understanding and we organically shift and grow with you.

The class is broken up into 3 modules meeting the first weekend of each month (except September because of Labor Day). We also take summers off - no one wants to go to school in summer!

Module One Includes:

- Learning Subtle Sense Perception
- Crystal and Stone Healing Techniques
 - Hara Line
 - Levels of the Field
- Energy Balancing Technique
 - Chakras and Essential Oils
 - Levels of the Field
 - Bioenergetics
- Mind Calming Healing Technique
- Utilizing Stone Layouts for Healing

•Intuitive use of crystals and stones in Healing Work

Module Two Includes:

•Energetic Holding Patterns:

•Hold Together

•Hold On

•Hold In

•Hold Up

•Hold Back

•Gifts, Patterns, Beliefs, Defenses and Healing

Module Three Includes:

•The Four Agreements: Application For a Healthier Lifestyle

•The Gifts Of Imperfection a study and reflection for Healthier Life Choices

•Vogel Crystal Healing

•Breaking Fear Patterns

•Pop Out of the Drama

•Heart Healing

•Fascia as tissue of emotion and Fascia Release Exercises

Advanced Crystal Healing Techniques

We still have room for a few more students who are eager to join our healing community where "Shift Happens!"

To register, go to www.freespiritschool.com and press the classes tab.



Accepting Your Gifts

Breaking Roadblocks Layout

This layout is designed to assist one in going deep into the psyche of the cells to break up old belief systems that prevent you from actualizing who we are and what we desire. It aids in clearing the way for new passions and ideas to take hold in order to move forward in a clear and concise manner so that you feel worthy of taking advantage to opportunities presented to you.

Feet – Rutiled Quartz

Root – Black Tourmaline

2nd Chakra – Ruby

3rd Chakra – Citrine Cluster pointing down

4th Chakra – Morganite

5th Chakra – Aquamarine

6th Chakra - Amethyst

7th Chakra – Channeling Crystal pointing towards head

Hands – Rutiled Quartz



Pebbles and Stones

If opportunity doesn't knock, build a door. Milton Berle

Your big opportunity may be right where you are now. Napoleon Hill

If a window of opportunity appears, don't pull down the shade. Tom Peters

The pessimist sees difficulty in every opportunity. The optimist sees the opportunity in every difficulty. Winston Churchill



Crystal Clusters - 25% Off This Month

All of our crystal clusters are 25% off this month (excluding consignment and net items)! Clusters assist in clearing negative energy from your environment in order to brighten your space. They are great for a work setting to protect you from negative people. They also help to clear your other stones and bring a lightness to your life!

**ENJOY
15% OFF
Stones**

**Saturday,
August 18th**
(excluding net and consignment stones)

Present this coupon at time of sale.

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