

Free Spirit Crystals

"The Courage To Live Your Own Life is The Greatest Gift You Can Give The World"

Free Spirit Crystals "The Gateway"

4763 N. 124th St. www.freespiritcrystals.com Mon - Fri: 11:00 - 6:00

Butler, WI 53007 freespiritcrystals@gmail.com Saturday: 10:00 - 4:00

262-790-0748 www.freespiritschool.com

freespiritschool@gmail.com October 2018



Be A Kid Again! Play!!

My sister, Jan, and I took a trip to Door County in September just to get away and play for a couple of days. We both had been working very hard and needed to some time to de-stress. Everything we did that weekend was in the realm of having fun and simply playing, no serious talks, no serious thoughts, no serious feelings. Jan brought along a simple game called RACKO that we had played when we were kids and we had a ball playing until 1:00 in the morning with giggles and belly laughs all night long. It was the best weekend I had spent in months and it refreshed my body, mind and spirit.

Sometimes I think we forget that play is a necessary part of life. We get so bogged down in our everyday lives, working, paying bills, cooking dinner, taking care of the family, doing the laundry, etc. When do we even have time to play, to release the pressure of the endless race we run? Play can be very simple be it a game of RACKO (which I highly recommend!), a game of cards, telling some jokes, a game of pick up sticks or jacks, jumping rope or hopscotch - things we did when we were kids when life was more carefree.

This month I encourage you to do something fun everyday. Be spontaneous, step away from the dishes and chores and free your spirit by playing. Be a kid again. No one said this life had to be so darned serious!



Sound Healing Sessions

With Kathryn Rambo

Tuesday October 9th: 10AM, and 4:15PM

Tuesday, October 23rd

10AM, 11AM, 12:15PM, 1:15, 2:15PM,
3:15PM and 4:15pm

Cost: \$35 for \$45-50 minutes

Sessions are \$35 for 45-50 minute session

Gifts of the Sacral Chakra harmonic

attunement: This session will focus on releasing stuck energies and harmonizing this chakra that energizes our emotional body and connects us with our creative energies. Many people are quick to say "I am not creative!" because they only associate creativity with the arts. However the REAL definition of creativity is the ability to generate, create, or discover new ideas, solutions, and possibilities. Therefore we are all creative because creativity touches every area of life. According to sound healer, Diane Mandel, having a clear second chakra helps us to be able to express ourselves and reconnect ourself with our source of joy and creativity.

Holiday gift certificates are also available, please email Kathryn for these.

Email Kathryn for your session time at purpleotterstudio@yahoo.com

Please email Kathryn at purpleotterstudio@yahoo.com to schedule your individual session

Classes



Reiki Level 1

With Donna Redmer

Prerequisite - Reiki Level 1

Sunday October 14th, 2018

12:00-2:00 pm Fee: \$100

Level 2 helps you develop the emotional and mental aspects of your life which will assist you in strengthening your ability to do the physical healing work.

You will be given the Reiki 2 attunement and learn the basic Reiki symbols which you will be able to use in your daily life and healing practice. You will also be taught

absentee healing that you can send to others at any time.

To register, please go to www.freespiritschool.com and click the Reiki tab under classes.



Classes with Anna Jester

Talk About with Anna Jester

Monday Evenings

October 1, November 5, December 3.

6pm- 7:30pm FREE

Bring your favorite crystal and curiosity. Once a month we will share our favorite crystals with each other, ask questions and share insights. We will end the evening with a meditation using our crystals. Beginners welcome.

Registration: email Anna at ajester50@gmail.com or phone 970-507-0440.

Class location: Free Spirit Crystals

Anna has over 30 years of experience in personal growth and is certified as a Grief Recovery Specialist and a valued staff member at Free Spirit Crystals who has a passion for crystals and serving others.



Beginning Crystal Healing Class With Pam Moderski and Pam Hartman



6 weeks beginning Thursday October 11th
6:30-8:30 pm.

\$35.00 per class or discount of \$175.00 if payment in full for entire series if received by or on the first class.

Learn the basics of using crystals and stones for healing and personal growth. You will have an opportunity to do hands on crystal healing work with others in the class.

Pat and Pam will cover:
The Rules of Thumb for Crystal Healing
How to Clear and Clean Crystals and Stones
The meanings and usages of over 80 stones
How to use crystal wands for healing
Identity of different crystals
And more.....

To register email pmoderski@att.net



TAROT I

With Marene Martensen
Six Wednesday Nights Starting October
10th
6:00 pm – 8:00 pm Fee: \$150



Learn the meanings of all 78 cards and gain hands-on experience doing short readings in this six-week class. You will be encouraged to ask questions, give feedback and share your insights in an interactive environment. Get to know and use the Tarot for yourself and others. Please bring a notebook and the Tarot deck of your choice.



Astrology 1

With Marene Martensen
Six Monday Nights Starting October 15th
6:00 pm - 8:00 pm Fee: \$150

Learn the basics of astrology: all the planets (asteroids too!) signs and houses, using your own natal chart. This is an interactive class, where questions and feedback are welcome. This is your chance to learn how all those general beginning astrology concepts apply to you personally. Please make your birth data available and a natal chart will be provided.

To Register: Call Marene 262-781-1656 Or Email
astrological7@yahoo.com

Fees may be paid by check, cash or PayPal either in advance or at the first class.

Classes will be held at Free Spirit Crystals 4763 N. 124th
St. Butler, WI 53007
262-790-0748



Free Spirit School

Our school is full for this school term. Thanks to all who have inquired about our school. We look forward to having you in class the next time we offer the program.

In the meantime, look for our new elective class schedule coming out next month. You'll get an idea of what we teach in class and the flavor of what healing truly means. See you in class!



Layout of the Month

Playfulness Layout

This layout is designed to open to one's childlike state in order to allow for the lightness of playing to be a part of life. It helps to lift the penchant or need to be serious to bring in more fun and merriment. It reminds us that being silly at times gives our spirit a lift and opens our hearts to joy.

At Bottoms of Feet – Selenite

In Between Legs – Smoky Quartz Point Facing the Root

Thighs – Carnelian

2nd Chakra – Moonstone

3rd Chakra – Danburite

4th Chakra – Rhodocrosite

5th Chakra – Blue Kyanite

6th Chakra – Herkimer Diamond

7th Chakra – Devic Temple Crystal Facing the Crown

Hands – Fire Agates



Pebbles and Stones

"It is a happy talent to know how to play."

Ralph Waldo Emerson

In every real man a child is hidden that wants to play.

Friedrich Nietzsche

The supreme accomplishment is to blur the line between work and play. Arnold J. Toynbee

Rest until you feel like playing, then play until you feel like resting, period. Never do anything else.

Martha Beck

Crackle Quartz Sale

25% Off in October!!



My wonderful friend, Qaisar, offered me a great deal on a barrel of Crackle Quartz that I just couldn't refuse. This beautiful quartz is filled with joyful rainbows and brings a sense of lightness to the heart. This is a great crystal to help you feel child-like and free. It's fantastic to give as a gift - everybody loves Crackle Quartz!



Stop into Free Spirit
Crystals on Saturday,
October 27th and say
"Trick or Treat"
to receive a free crystal.

Free Spirit Crystals | 262-790-0748 | 4768 N. 124th St. Butler, WI 53007 |
www.freespiritcrystals.com

