

Free Spirit Crystals

"The Courage To Live Your Own Life is The Greatest Gift You Can Give The World"

Free Spirit Crystals "The Gateway"

4763 N. 124th St. www.freespiritcrystals.com Mon - Fri: 11:00 - 6:00

Butler, WI 53007 freespiritcrystals@gmail.com Saturday: 10:00 - 4:00

262-790-0748 www.freespiritschool.com

freespiritschool@gmail.com October 2018



A Cup of Kindness

My heart has become saddened in the past couple of years by the derisiveness and separation that has cropped up not only in our country, but around the world as well. There seems to be a real tribal energy that drums out the message that only certain people are worthy of our love and caring and the rest can fend for themselves. Borders are being built in hearts and minds that exclude compassion and love. I don't know, maybe it was there all along, maybe it was just waiting for a voice, maybe I just didn't see it before. But I am saddened that this divide appears to be getting deeper.

What would happen if just for today we, as a whole, would not be afraid of differences? What would happen if just for today we could reach out our hands and hearts to those who are not as fortunate as we and help to make others' lives just a little bit better because we cared? What would happen if just for today we could put aside our anger, if we would take responsibility for our own lives instead of blaming others for our perceived injustices. What would happen if just for today we all treated our neighbors as we ourselves would like to be treated, remembering that everyone is our neighbor? What would happen?

I believe that, if everyone would do this, the world would immediately shift into a new consciousness. I also believe that we need to do this as soon as possible. Our actions have consequences, far reaching

consequences, and we can shift this whole thing in one day. But we all need to wake up to the fact that this planet is inhabited by everyone, not by just a few and we are all responsible for the welfare of the whole.

I am not a religious person but I was raised as a Christian and the premise as I remember was that we were to love one another unconditionally. Whatsoever you do to the least of my brothers (and sisters), that you do unto me. Whatever we do to everyone else, that we also do to ourselves. We may not see the results of that from the outside, but our souls feel the death of our spirits when we hate instead of love.

Whatsoever you do to the least of each other, that you do unto yourself. Let's all start being a little kinder and make this world a loving please to live.



Sound Healing Sessions

With Kathryn Rambo

Tuesday November 13th: 10AM

Tuesday, November 27th

10AM, 11AM, 12:15PM and 3:15PM

Cost: \$35 for \$45-50 minutes

Sessions are \$35 for 45-50 minute session

Middle Pillar Attunement:

The intention of this month's individual harmonic attunement sessions is to access and move Light Force energy into the body using Tibetan Singing bowls, Middle Pillar Tuning forks, the 5 elements and guided meditation in order for our energy bodies to begin to repair itself on an energetic level. According to Israel Regardie's book, 'The Art of True Healing', the middle pillar is part of the 3 column system of the Divine Energy transport and corresponds to the chakra system of subtle energies as described in Vedic Meditation.

Holiday gift certificates are also available, please email Kathryn for these.

Email Kathryn for your session time at purpleotterstudio@yahoo.com

Please email Kathryn at purpleotterstudio@yahoo.com to schedule your individual session

De-stressing: Group Tibetan Singing Bowl

with Kathryn Rambo

Meditation Tuesday evening Nov. 13th 6 - 7:30PM
Fee - \$10.00

Meditation is a state of mindful awareness where excessive stress producing thoughts dissolve away allowing the mind to become clear and emotions to become calm. Hundreds of studies have verified the health benefits of meditation. Tibetan singing bowls have been used for centuries for meditation because they quickly create the calming sonic atmosphere needed for meditation. These sessions give you the opportunity to push your re-set button and return to your natural state of inner peace, harmony and well-being.

Email purpleotterstudio@yahoo.com to register. Space is very limited. Registration deadline Sunday evening Nov. 11th. No registrations will be taken after the 11th.

Classes



Reiki Level 2

With Donna Redmer

Prerequisite - Reiki Level 1
Sunday December 9th, 2018
12:00-2:00 pm Fee: \$100

Level 2 helps you develop the emotional and mental aspects of your life which will assist you in strengthening your ability to do the physical healing work.

You will be given the Reiki 2 attunement and learn the basic Reiki symbols which you will be able to use in your daily life and healing practice. You will also be taught absentee healing that you can send to others at any time.

To register, please go to www.freespiritschool.com and click the Reiki tab under classes.



Classes with Anna Jester



**Talk About with Anna
Jester**

Monday Evenings

November 5, December 3.

6pm- 7:30pm FREE

Bring your favorite crystal and curiosity. Once a month we will share our favorite crystals with each other, ask questions and share insights. We will end the evening with a meditation using our crystals. Beginners welcome.

Registration: email Anna at ajester50@gmail.com or phone 970-507-0440.

Class location: Free Spirit Crystals

Anna has over 30 years of experience in personal growth and is certified as a Grief Recovery Specialist and a valued staff member at Free Spirit Crystals who has a passion for crystals and serving others.



Open House/Spirit Faire

Open House/Spirit Faire
Sunday, November 25th

11:00 - 4:00

I have been shopping again buying incredible treasures in time for the holidays. The new stones will be ready for display after Thanksgiving and you'll be the first to see them at our Open House!

But, that's not all! We'll have wonderful readers, amazing free workshops throughout the day, an incredible raffle for free prizes and delicious snacks!!

This is a day to join us for community, fun, education, and enlightenment. You truly won't want to miss this!!



Layout of the Month

Cup of Kindness Layout

This layout is designed to assist us in opening our hearts to our own suffering so that we may learn compassion and kindness for ourselves. By doing so, we will be more capable of sharing that love and compassion to others. It is by loving and caring for our own being that we learn to accept and love everyone else.

Bottoms of Feet – Smoky Quartz Points
In Between Legs – Large Rose Quartz
2nd Chakra – Moonstone
3rd Chakra – Citrine Cluster pointing downward
4th Chakra – Kunzite

5th Chakra – Blue Lace Agate
6th Chakra – Rhodocrosite
7th Chakra – Danburite
Hands – Rose Quartz

Pebbles and Stones



No act of kindness, no matter how small, is ever wasted.
Aesop

Goodness is about character - integrity, honesty, kindness, generosity, moral courage, and the like. More than anything else, it is about how we treat other people.
Dennis Prager

Wherever there is a human being, there is an opportunity for a kindness. Lucius Annaeus Seneca

My religion is very simple. My religion is kindness. Dalai Lama

Stone of the Month - Coral!!

1/2 OFF!



This month beautiful, rare coral from Indonesia will be 1/2 off! You won't want to miss having a piece of this in your home or office. Coral calms the emotions and brings inner peace as well as assisting with diplomacy and tact. Perfect for your work environment as an aesthetically pleasing accessory.

Coupon of the Month

Saturday, November 17th
15% Off Stones

(excluding consignment and net items)

Show this coupon at time of
sale and enjoy!!



