

Free Spirit Crystals

"The Courage To Live Your Own Life is The Greatest Gift You Can Give The World"

Free Spirit Crystals "The Gateway"

4763 N. 124th St. www.freespiritcrystals.com Mon - Fri: 11:00 - 6:00

Butler, WI 53007 freespiritcrystals@gmail.com Saturday: 10:00 - 4:00

262-790-0748 www.freespiritschool.com

freespiritschool@gmail.com December 2018



Blessings

Thank you! That's everything I need to say in this newsletter. Thank you. Thank you for your love, thank you for supporting Free Spirit Crystals, thank you for believing in what we have created and what we stand for, thank you for attending our classes and workshops, thank you for your friendship and your heart, thank you for creating your own life free of old beliefs and conditionings, thank you for believing in yourself, thank you for giving your heart to others, thank you for being kind, thank you for your gifts to the world, thank you for your thoughtfulness, and thank you for simply being who you are!

The gratitude that I feel for all of you cannot be put into words - it is so immense, so far reaching. It fills me with awe and gives me hope for a better world. You really have no idea what you mean to me, how you have changed and shifted my life, how you have created a special warm and fuzzy place inside of me. So I thank you for giving me an amazing life full of grace, love and laughter.

In this final month of 2018, let us all look back and feel our blessings and be grateful and appreciative of all we have and everyone who has helped us to grow and love. Happy Holidays!! With Love, Diane



Asking for Healing

I would like to ask you for your healing prayers once again as I have found another rogue lymph node under my chin. I will have an operation next Thursday to have it removed and biopsied so we know exactly what it is. I am concerned but not worried as I do believe in the perfection of the Universe and have faith that all will be well. But your love brought me through the last time and I would very much appreciate you sending some my way this month.

Thank you ever so much. I'm very grateful!

[Txt Link](#)



Sound Healing Sessions

With Kathryn Rambo

Tuesday December 11th:

Contact Kathryn at purpleotterstudio@yahoo.com
for open times

Cost: \$35 for \$45-50 minutes

Sessions are \$35 for 45-50 minute session

Solar Plexus Harmonic Attunement:

This chakra is said to be the energetic center of our will, the home of our self-esteem, our personal responsibility, our confidence and independence. The focus for this month's individual harmonic attunement session is to cleanse your solar plexus removing stuck, dense, heavy energies that may be interrupting this energy center followed by harmonizing the chakra allowing for a balanced energy flow that supports respect for ourselves and others, as well as our self-confidence and self-esteem.

Holiday gift certificates are also available, please email Kathryn for these.

Email Kathryn for your session time
at purpleotterstudio@yahoo.com

Please email Kathryn
at purpleotterstudio@yahoo.com to schedule your
individual session



Reiki Level 2

With Donna Redmer

Prerequisite - Reiki Level 1

Sunday December 9th, 2018

12:00-3:00 pm Fee: \$125

Level 2 helps you develop the emotional and mental aspects of your life which will assist you in strengthening your ability to do the physical healing work.

You will be given the Reiki 2 attunement and learn the basic Reiki symbols which you will be able to use in your daily life and healing practice. You will also be taught absentee healing that you can send to others at any time.

To register, please go to www.freespiritschool.com and click the Reiki tab under classes.



Classes with Anna Jester

Talk About with Anna Jester

Monday Evenings

December 3.

6pm- 7:30pm FREE

Bring your favorite crystal and curiosity. Once a month we will share our favorite crystals with each other, ask questions and share insights. We will end the evening with a meditation using our crystals. Beginners welcome.

Registration: email Anna at ajester50@gmail.com or phone 970-507-0440.

Class location: Free Spirit Crystals

Let Go and Move On with Anna Jester

Eight Friday Evenings Beginning January 18|

6pm - 8pm

Fee: \$175

Acknowledge the losses in your life and how they affect you. Learn how to let go of the pain and increase your capacity for happiness. The losses can range from moving away, death of a pet, divorce, trauma, major health issues, empty nest, loss of trust/faith, death of a friend or family member, retirement. We use

The Grief Recovery Handbook by John James and Russel Friedman and a variety of healing crystals.

Anna is a staff member at Free Spirit Crystals and is certified in Loss and Grief Recovery. Individual support is also available.

Registration: email Anna at ajester50@gmail.com

Fees may be paid by cash, check, or PayPal in advance or at the first class.

Class location: Free Spirit Crystals, 4763 N. 124th Street, Butler, WI 53007

Metaphysical I with Anna Jester

Six Tuesday Evenings Beginning February 26|

6:00pm – 8pm

Fee: \$150

For beginners and those who wish to participate in an interactive and relaxed environment. We explore topics such as: chakras, auras, energy, intuition, divination tools (crystals for sure!), ritual, invocations, meditation and spirit guides. Asking questions and sharing insights is highly encouraged! Please bring a notebook for drawing and journaling.

Registration: email Anna at ajester50@gmail.com

Fees may be paid by cash, check, or PayPal in advance or at the first class.

Class location: Free Spirit Crystals, 4763 N. 124th Street Butler, WI 53007

Metaphysical II with Anna Jester

Six Tuesday Evenings Beginning April 9

6:00pm – 8pm Fee: \$150

For those who completed Metaphysical I or have a basic understanding of the primary seven chakras. Class objectives are: use the chakra system to explore ways we think, feel and relate to others; discover energy patterns including imbalance and blockage; get to know our shadow; expand use of crystals (wands, spheres, layouts, grids), meditation techniques, communication and journeys with spirit guides; practice and interact with others in a supportive environment. Please wear comfortable clothing and bring a notebook.

Registration: email Anna at ajester50@gmail.com

Fees may be paid by cash, check, or PayPal in advance or at the first class.

Class location: Free Spirit Crystals, 4763 N. 124th

Anna has over 30 years of experience in personal growth and is certified as a Grief Recovery Specialist and a valued staff member at Free Spirit Crystals who has a passion for crystals and serving others.



Does Anyone Really Know All of Me?

With Ann Ruane

Tuesdays: Jan. 15, 22, 29 and Feb. 5, 12, 19, 2019

6:30 pm-8:30pm

\$35 per class or \$175 when paid in full on or before the first class

A series of 6 independent, inter-related classes covering the following:

**Opening the mind-body-spirit connection
Fostering a powerful relationship with YOURSELF
Diminishing negative self-talk and self-judgment
Bringing awareness to body signals
“Feeling” your way to healing
Releasing limiting beliefs
Experiencing crystal healing**

Register online at:

<https://luxeternahealing.as.me/does-anybody-know>

Or

Email Ann: ann@luxeternahealing.com

Payment can be made online or via cash, check or charge at the time of the class

Classes will be held at Free Spirit Crystals

Ann Ruane is founder and certified energy therapy practitioner at Lux Eterna Healing. She is a graduate of the Free Spirit School of Integrated Energy Healing, a Reiki Master and a Certified Teacher of Crystal Healing. Ann has been in practice for over 10 years and is passionate about conscious awareness and personal growth.

[Text Lin](#)



Tarot and Astrology Classes with Marene Martensen

Get the deeper understanding you've been looking for!!!

TAROT II

Six Wednesday Evening
Beginning February 6
6:00 pm – 8:00 pm Fee: \$150



If you have taken Tarot I or have a good working knowledge of the Tarot, this hands-on class is an excellent opportunity to learn new layouts and gain experience doing readings. In this group setting you will be encouraged to ask questions, share your insights, receive a reading and participate in the feedback process. This class puts the basics to work so that you can use the Tarot to help yourself and others.

[Text Link](#)



Astrology II

Six Monday Evenings Beginning February 4
6:00 pm – 8:00 pm Fee: \$150

If you have taken Astrology I or have a good working knowledge of the signs, planets and houses then you're ready for the next step. This class teaches you to recognize and understand the planetary aspects (how planets relate to each other) and planetary transits (how the planets out there in the heavens affect your natal chart.) If you've been wondering what the planets are doing in your life, then this is the class for you!

To Register: Call or text Marene 262-781-1656 Or
Email astrological7@yahoo.com

Fees may be paid by cash, check or PayPal either
in advance or at the first class.

Classes will be held at: Free Spirit Crystals
4763 N. 124th St. Butler, WI 53007 262-790-0748

[Text Link](#)



Beginning Crystal Healing Class

With Pam Moderski and Pam Hartman
6 weeks beginning Thursday February 7th

6:30-8:30 pm.

\$35.00 per class or discount of \$175.00 if payment in full for entire series if received by or on the first class.

Learn the basics of using crystals and stones for healing and personal growth. You will have an opportunity to do hands on crystal healing work with others in the class.

Pat and Pam will cover:

**The Rules of Thumb for Crystal Healing
How to Clear and Clean Crystals and Stones
The meanings and usages of over 80 stones
How to use crystal wands for healing
Identity of different crystals
And more.....**

To register email pmoderski@att.net

[Text Link](#)



Layout of the Month

The Attitude of Gratitude Layout

This layout is designed to open your heart and senses to the innate happiness that you deserve. It has been said that happiness begins with gratitude. Thus, by giving yourself the gift of a grateful heart, you are more likely to feel the joy and contentment of life.

Bottoms of Feet: Selenite

Root Chakra: Large Piece of Rose Quartz

Thighs: Pietersite

2nd Chakra: Mookite

3rd Chakra: Amber

4th Chakra: Rhodocrosite

5th Chakra: Blue Lace Agate

6th Chakra: Ametrine

7th Chakra: Devic Temple Crystal Pointing Towards Head

Hands: Rose Quartz

Pebbles and Stones



“What seems to us bitter trials are often blessings in disguise.” Oscar Wilde

“Don’t just count your blessings. Be the blessing other people count on.” Anonymous

“There is blessing hidden in every trial in life, but you have to be willing to open your heart to see them.” Anonymous

When I started counting my blessings, my whole life turned around. Willie Nelson

Count your blessings. You are one of a kind. There's no one in the world like you. You are amazing. Richard Simmons

Stone of the Month - Celestite!!



10% OFF!

This month we are featuring Celestite as our stone of the month. Celestite brings in the joy of the angels and allows us to feel light and full of hope! It is an excellent stone to put on your night stand to help you with sweet dreams!



Coupon of the Month

Saturday, December 8th

15% Off Stones

(excluding consignment and net items)

Show this coupon at time of sale and enjoy!!

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