



"The Courage To Live Your Own Life is The Greatest Gift You Can Give The World"

Free Spirit Crystals "The Gateway"

4763 N. 124th St. www.freespiritcrystals.com Mon - Fri: 11:00 - 6:00

Butler, WI 53007 freespiritcrystals@gmail.com Saturday: 10:00 - 4:00

262-790-0748 www.freespiritschool.com

freespiritschool@gmail.com May 2019



In the 1990's I co-wrote a two woman show called "Pop Out of the Drama" with my amazing friend, Marge Rock. We called it a "Psycho-Musical Comedy" to help people understand where fear comes from in our lives, how we develop because of it and what we can do to overcome our being afraid. The reason I bring it up today is because I'm seeing so much fear in the collective consciousness right now and it is stifling our very existence.

When we allow fear to run our lives, we cannot become our true selves. The ego mind will tell us all sorts of lies about ourselves in order to control us and keep us in check. These beliefs are taught to us by our families, our religions, our government, Madison Avenue, our educational systems and even our friends. We try to fit in, to do the "right" thing, to live by the rules and to not make waves.

These fears will stifle you, stunt your personal growth and prevent you from knowing who you really are. It is time, right now, to question the things you've been told, check in with yourself and see what fits for you and what does not, let go of the fear that has controlled you and move into

freedom. You can never be free inside until you release the fears that are controlling you. Be brave, stand up for yourself, question, question, question those who would have you believe that you are not powerful, that you are not amazing, that you are not magnificent! And Pop Out of the Drams to become who you truly are!



Sound Healing Sessions

With Kathryn Rambo

Angel Connection Individual Sound Bath Sessions

Dates: Tuesday May 14th, Saturday May 25th,

Tuesday May 28th.

10AM; 11:AM; 12:30PM; 1:30PM; 2:30PM; 3:30PM
and 4:30PM

Cost: \$40 for 45-50 minutes

The intention of this month's individual Tibetan singing bowl sound bath, combined with a crystal angel stone layout, is open to the presence of the Angels, to be aware of your Angel's presence in your day to day life, to find peace in your heart, peace in your soul and to know that you are not alone. Proverb "Angels speak to those who silence their minds long enough to hear."

Note: once a month Saturday sessions are now available

Email Kathryn for your session time
at purpleotterstudio@yahoo.com

Please email Kathryn
at purpleotterstudio@yahoo.com to schedule your
individual session

Classes



Talk About with Anna Jester

Last Friday Evening of the Month |

6:00pm- 7pm

May 31

FREE

Bring your favorite crystal and curiosity. We share our crystals, ask questions and share insights. We end the evening with a ritual and/or meditation using our crystals. Beginners welcome. Anna is a staff member at Free Spirit Crystals.

Registration: email Anna at ajester50@gmail.com No Fee. **Class location:** Free Spirit Crystals, 4763 N. 124th Street, Butler, WI 53007

Anna has over 30 years of experience in personal growth and is certified as a Grief Recovery Specialist and a valued staff member at Free Spirit Crystals who has a passion for crystals and serving others.



Eli Hansen's Benefit Concert

Our benefit concert for Eli Hansen was a very uplifting and joyful event. Eli is such a courageous and elevated spirit, exuding love and hope throughout the evening. It was an honor for Ann Ruane and I to be a part of this fund raiser and I have never been so humbled to be of service. The highlight of the night was when all the young people, including Eli and his brothers and sisters, came up on stage to sing "This Little Light of Mine" with verses that were personal to Eli. It still brings tears to my eyes to think about it.

If you would still like to contribute to Eli's Super Fund, please go to www.GoFundMe.com/super-eli-benefit-concert.

Thanks to everyone who donated and made our concert a great success!

[Text Link](#)

New Stones

I just went to V-Rock shop in Canton, Ohio and to my friend, Qaisar's, in West Bend and came back with some beautiful new stones. Some of the great new specimens that we have are:

Lithium Quartz Clusters
Polished Smoky Quartz Points
Azurite Hearts
Watermelon Tourmaline Cluster



**New Spheres
Amethyst Slices
Chlorite Quartz
Selenite Wands
And Much, Much More**

**Come in today to see our new
treasures and enjoy the beauty that
nature has to share!**

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Layout of the Month

Overcoming Fear Layout

A wonderful friend of mine once said that “fear is an illusion that can come to a conclusion.” By overcoming the illusions of fear we can lift the blinds of darkness and know who we really are thereby allowing our true magnificence to shine throughout the world.

This layout is meant to help us gently become aware of our fears, understand how they were introduced to us and realize that our lives need no longer be affected by the deception of fear. Overcoming fear will help alleviate anxiety and assist in releasing unhealthy habits.

**Feet – Citrine Points pointing towards feet
Root – Smoky Quartz Point facing towards root
2nd Chakra – Larger slab of Mica Lepidolite
3rd Chakra – Citrine Cluster facing with points
down
Heart Chakra – Green Calcite
5th Chakra – Chrysocolla
6th Chakra – Ametrine
7th Chakra – Golden Calcite Rhomboid
Hands - Citrine**

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Pebbles and Stones



Courage is feeling fear, not getting rid of fear, knowing something is more important than fear and taking action in the face of fear.” Roy Bennett

Nothing builds up confidence faster than just taking action and doing it scared.” Ruth Soukup

A big part of your fear comes from the script that plays inside your head.” Ruth Soukup

We are all born to fly. Instead, we sit on the branches afraid of the leap into the unknown. But the unknown is where enlightenment lives. Our true nature is the unknown.” Enza Vita



Stone of the Month Crystal Spheres 10% Off

Crystal spheres hold the energy of the human body to assist in balancing the entire system. Hold a sphere in your left hand and allow the energy to flow throughout your nervous system, circulatory system and organs. They are also great for divination - staring into them while you meditate helps the messages to flow!



15% Off Stones on Saturday, May 25th

(excluding consignment and net items)

**Please present this coupon at
time of sale!!**

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